

COSMETIC AROMATHERAPY

Aromatherapy is a type of alternative therapy that uses essential oil extracted from plants to promote physical and psychological well-being. This holistic therapy involves the use of aromatic plant extracts to improve health and well-being and has been used for centuries in various cultures around the world.

The "Cosmetic Aromatherapy" course covers most of the syllabus to treat the beauty related disorders through the essential oils. This course is beneficial to treat cosmetic complaints through the healing and medicinal properties of essential as well as base oils.

This course is highly beneficial for Ayurveda doctors, aestheticians, therapists and for those who are willing to work in the field of natural beauty treatments related to face and hair.

Aim of the course:

To train students with a knowledge of professional Aromatherapy in order to provide face and hair treatments of a high standard, utilizing the effects of Essential Oils with regard to client safety and comfort.

Eligibility:

No previous experience is necessary.

Who should take part in this course?

- Medical Practitioners/ Students
- Beauty Therapists/ Aestheticians
- Health enthusiasts / Fitness enthusiasts
- Homemakers / Housewives

Mode of classes:

Online - Live interactive sessions followed by offline practical training.

For further details related to Syllabus and fee structure, contact Institute of Beauty, Health & Ayurveda.